## Drug Status Report

Drug: Anabolic Xtreme Hyperdrol

Drug Name Status: Anabolic Xtreme Hyperdrol is the trade name.

## **Ingredients:**

Cissus Quadrangularis Proprietary Ketosteroid Extract Proprietary Urtica Dioica Lignan Complex 6-BrAD (6-Bromodione) Proprietary Forsholii Diterpene Complex

Canadian Status:

"Cissus quadrangularis is well known for the treatment of gastric disorders in traditional medicine, owing to its rich source of carotenoids, triterpenoids and ascorbic acid, and has received considerable attention regarding its role in human nutrition"<sup>1</sup>.

Urtica Dioica is the stinging nettle plant.

6-Bromodione is a proprietary name for a substance which is claimed to inhibit aromatase. This is likely 6-bromoandrost-4-ene-3,17-dione which has been reviewed before and is not considered to be a controlled substance.

Coleus Forskohlii is a plant native to India used in traditional medicine<sup>2</sup>.

Recommendation: The ingredients in Anabolic Xtreme Hyperdrol are not included in the schedules CDSA; Anabolic Xtreme Hyperdrol is not a controlled substance.

March 18, 2008

<sup>&</sup>lt;sup>1</sup> Mallika Jainu, K. Vijai Mohan and C.S. Shyamala Devi, Journal of Ethnopharmacology Volume 104, Issue 3, 6 April 2006, Pages 302-305.

<sup>&</sup>lt;sup>2</sup> Shoteh Henderson et al., J. International Society of Sports Nutrition, <u>2</u>, 54 (2005).